A food-lover’s guide

If great local cuisine is among your dream honeymoon must-haves, these mouth-watering destinations should be high on your bucket list (candlelit romance optional), says Jane Anderson.

Aromas of Thailand
Combine exploring with relaxation on a private foodie tour of Thailand. It includes time in Bangkok, Chiang Mai and Phuket with two different cookery schools, a market visit and street-food tour, as well as the special Signature Rooftop Intimate Dining Experience for two at Sala Phuket. With a long-tail boat ride, temple visits, time to chill out on Phuket’s beautiful beaches and stays in superb hotels such as The Peninsula Bangkok and Anantara Chiang Mai, it’s the perfect recipe for a blissful honeymoon.

A gourmet UK minimoon
With its own cookery school and Michelin-starred restaurant, Lucknam Park Hotel & Spa is ideal for a luxurious minimoon. Set in 500 acres of parkland, the magnificent Palladian mansion is the perfect setting for romance, relaxation, indulgence and upgrading your kitchen skills. Courses range from vegan and vegetarian cuisine to street food, patisserie and haute cuisine home cooking. But you needn’t do all the work, with a Michelin-starred tasting-menu dinner for two in The Restaurant Hywel Jones by Lucknam Park and Brasserie dinner included in its Gourmet Getaway.

All-inclusive with a twist in the Greek Islands
Who wouldn’t love to be spoiled for choice at a five-star all-inclusive resort with a string of à la carte restaurants and menus designed by Michelin-starred chefs? But if you’re torn between delicious dishes on site and a desire to discover local gems, Ikos Resorts has a unique solution. Its Dine Out service includes meals at selected restaurants and tavernas as part of the all-inclusive experience. You could head to Corfu Old Town for classic dishes, a traditional taverna in Halkidiki or the Vido Island Restaurant on a private island, reached by boat from Corfu Town. Look out for Ikos Aria opening on Kos this year.

Chocolate tasting in the Caribbean
With its long history growing cacao beans, St Lucia should be top of any chocolate-lover’s list – as well as the idyllic beaches and scenery which are perfect for a relaxing honeymoon, you can indulge in some very sweet treats. Anse Chastanet has its own chocolate laboratory, and guests can take part in a bean-to-bar experience, from the plantation itself to seeing how chocolate is made in the resort – and sample the results! Once your sweet tooth’s sated, try the resort’s range of menus, from Creole flavours to St-Lucian-Indian fusion cuisine, not to mention private yacht cruises at sunset, dinner on the beach and couples’ massages.
Culinary adventure in Vietnam

Explore Vietnam from south to north, eating everything from Pho to frogs’ legs along the way. Hop on the back of a Vespa for a tour of Saigon, stopping off at food stalls to try rice pancakes and bánh mi, before learning how to make spring rolls. In Hue, tour the markets with a food blogger, enjoy a traditional cooking lesson in a private home and share a home-cooked meal with a family in Hanoi. With a cruise on the Mekong Delta, a junk-boat tour of Halong Bay and dinner at a floating restaurant, this tour is combines food and adventure. exsus.com

Sights and savours of Peru

Tick one of the world’s greatest sights off your bucket list while discovering Peru’s unrivalled cuisine. Sample Michelin-starred dining in Lima, enjoy cooking lessons and award-winning restaurants in remote locations, such as Sol y Luna in Sacred Valley, as well as exploring the Andes, Machu Picchu and the World Heritage site of Cusco, before relaxing on the beaches of Mancora. Don’t miss MIL Gastronomic Lab Experience by the Inca ruins – voted the world’s fifth-best restaurant – or Astrid & Gaston La Barra. enchantingtravels.com

A taste of Tuscany

Would you prefer a honeymoon that’s all about learning to make the local cuisine? Or one which focuses on discovering it? At Il Falconiere in Tuscany, newlyweds can do both, with cookery courses, market tours, wine tastings and meals at the hotel’s Michelin-starred restaurant as part of a seven-day break – plus spa treatments. Treats include drinking wine in the hilltop village of Montalcino, hunting for truffles and cheesemaking. wexas.com

Tequila tasting in Mexico

How better to explore a country than by eating your way around it? This uber-luxury private tour of Mexico covers three cities, discovering both the destinations and their most famous dishes. Market tours with renowned local chefs, wine-tastings with private sommeliers, cooking lessons and a visit to one of Mexico’s most prestigious tequila distilleries are all included. Finish your trip off with a spot of R&R on Punta Mita beach. abercrombiekent.co.uk

California winelands road trip

From San Francisco’s fabulous eateries to the Napa Valley vineyards, you needn’t drive far to indulge in this San Francisco & California Winelands road trip. Your hotels and hire car (Mustang Convertible, perhaps?) are pre-arranged, so you can just soak it all up. Take a San Francisco foodie tour, sail across the bay on a champagne sunset cruise, hire a bike to explore the Sonoma vineyards and enjoy Napa’s restaurant scene. americansky.co.uk

In-the-wild dining in Zambia

There can be few meals more memorable than ones with a view of elephants drinking from a waterhole or spying a leopard over breakfast. Tongabezi Lodge, in Zambia’s South Luangwa National Park, is set under the ebony trees on the riverfront. As well as safari experiences and secluded luxury, traditional local food is a highlight, and you even have the chance to enjoy a private lunch or afternoon tea on Livingstone Island, on the edge of Victoria Falls. rainbowtours.co.uk

“Indulge your sweet tooth with Caribbean chocolate-making tours in St Lucia.”

Go remote to try Peru’s best cuisine.

Sample the Napa restaurant scene on a San Francisco & California Winelands road trip.